

Product Information Sheet

| Prod No. | GTIN | Product Name | Pack Size | Shelf Life | Serves/Pack | Brand | Sub Brand | Type | Sub Type | PackID |
|----------|---------------|--------------|-----------|------------|-------------|-------|-----------|--------------|----------|----------|
| 102296 | 9300605004351 | NESTLÉ MILO | 1.9kg | 18 Months | 95 | MILO | | DRINK POWDER | STANDARD | 44357057 |

| | |
|---------------------|-------------------------------|
| Product Name | NESTLÉ MILO |
| Product Description | Formulated Supplementary Food |

Packaging

| Pack Type | Packaging Description | GTIN | Pack No. | Dimension | Gross Weight |
|--|---------------------------------------|---------------|----------|-----------|--------------|
| Retail Pack | MILO CAN | 9300605004351 | 44357057 | | |
| Consumer Item (Inside the Retail Pack) | Label Paper MILO 1.9kg 497x222mm 1/24 | 9300605004351 | 44357057 | | |

Ingredients

Ingredients:
INGREDIENTS: EXTRACT OF MALT **BARLEY** OR MALT **BARLEY** AND RICE (TOTAL EXTRACT 38%), **MILK** SOLIDS, SUGAR, COCOA#, CHOC MALT BLEND (**SOY**), MINERALS (CALCIUM, IRON), VITAMINS (C, B3, B6, B2, D, B12).

CONTAINS GLUTEN, MILK, SOY.

For allergens see ingredients in bold

#Rainforest Alliance Certified™

Allergens

| Allergen Name | Formulated Into Product | Via Cross Contact |
|--|-------------------------|-------------------|
| No Known Cross Contact Allergens | | ✓ |
| Milk and milk products | ✓ | |
| Soy and soy products | ✓ | |
| Barley and barley products | ✓ | |
| Cereal Grain containing Gluten and its Derivatives | ✓ | |

Dietary

| | |
|---|-----|
| Dietary Questions | |
| Is the product suitable for a Vegetarian Diet? (May contain Egg, Dairy and/or Honey, but no other animal or animal-derived products as per the ingredients label on pack) | Yes |
| Is the product suitable for a Vegan diet? (Does not contain any animal-derived products or Vitamin D from lanolin as per the ingredients label on pack.) | No |
| Is the product Halal Certified? | Yes |
| Is the product Kosher Certified? | No |
| Is the product free from artificial Colours | Yes |
| Is the product free from artificial Flavours? | Yes |

Nutritional Information

| NESTLÉ MILO | | | | | |
|--------------------------|---------|----------|------------------------------|--------------------------------------|---|
| Servings Per Pack: 95 | per 20g | per 100g | per 20g with 200mL Skim Milk | per 20g with 200mL Skim Milk (%DI †) | Per 100mL prepared according to directions ** |
| Serving Size: 20g | | | | | |
| Energy | 340 kJ | 1690 kJ | 630 kJ | 7% | |
| | 80 Cal | 400 Cal | 150 Cal | | |
| Protein | 2.5 g | 12.3 g | 10.0 g | 20% | |
| Fat-total | 1.7 g | 8.4 g | 1.7 g | 2% | |
| - Saturated | 1.0 g | 4.9 g | 1.0 g | 4% | |
| Carbohydrate | 11.9 g | 59.5 g | 22.8 g | 7% | |
| - Sugars | 8.8 g | 43.6 g | 19.8 g | 22% | |
| - lactose | 2.5 g | 12.3 g | 13.5 g | | |
| - added sugars | 6.3 g | 31.3 g | 6.3 g | | |
| Dietary Fibre | 0.8 g | 4.1 g | 0.8 g | 3% | |
| Sodium | 28 mg | 140 mg | 110 mg | 5% | |
| | | | | | |
| %RDI** | | | | | |
| | | | | | |
| Riboflavin (B2) | 0.32 mg | 1.59 mg | 0.67 mg | 40% | |
| Niacin (B3) | 2.5 mg | 12.5 mg | 2.5 mg | 25% | |
| Vitamin B6 | 0.4 mg | 2.0 mg | 0.4 mg | 25% | |
| Vitamin B12 | 0.4 µg | 2.0 µg | 1.0 µg | 50% | |
| Vitamin C | 9 mg | 44 mg | 9.0 mg | 23% | |

| | | | | |
|------------|--------|---------|--------|-----|
| Vitamin D | 2.7 µg | 13.5 µg | 2.8 µg | 28% |
| Calcium | 170 mg | 830 mg | 400 mg | 50% |
| Iron | 3.6 mg | 18 mg | 3.6 mg | 30% |
| Phosphorus | 140 mg | 720 mg | 340 mg | 34% |

Average Quantities (to appear upper left corner of NIP Table, below serve size: 20g) RDI - Recommended Dietary Intake † Percent Daily Intakes are based on an average adult diet of 8700kJ

Statements and Claims

Glycemic Index

© of GI Symbol Reg. Trademark of Glycemic Index Foundation

The GI is a ranking of carbohydrates according to their effect on blood glucose levels

By buying cocoa from Rainforest Alliance Certified farms, Nestle supports sustainable farming. Rainforest Alliance Certified farmers have been trained to implement better farming practices with respect to people and the planet. Rainforest Alliance is a program and label for sustainable farming worldwide. www.ra.org www.nestlecocoaplan.com

GI = 41 (low) made with skim milk

Source of protein

FROM PROFESSIONAL TO PROFESSIONAL

PROFESSIONAL ADVICE:

Simply place 3 levelled teaspoons of MILO into a glass. Add COLD or HOT (not boiling) skim milk and stir.

FOP - Activ-Go

Efficient Energy Release^ 8 Vitamins & Minerals

^When MILO and milk is consumed as part of a healthy diet containing a variety of foods.

ARL LOGOS

Scan to discover more and Do Good. Make into a ball. Fold in half twice.

BOP - Activ-Go

Activ-Go is a unique combination of 8 vitamins and minerals that support the release of energy in the body^.

^When MILO and milk is consumed as part of a healthy diet containing a variety of foods.

GI Symbol - GLYCEMIC INDEX

41 (Low) made with skim milk. The GI is a ranking of carbohydrates according to their effect on blood glucose levels.

SOP Claims

Low GI* to provide sustained energy to keep you going for longer^.. High in calcium for strong bones and teeth^.. Good source of protein to help nourish growing muscles^..

^When MILO and milk is consumed as part of a healthy diet containing a variety of foods.

DO GOOD TOGETHER

Our MILO tins are made from recyclable materials. Approx. 80% of the energy powering our MILO factory comes from BIOENERGY, a renewable energy source.

Preparation or User Instructions

MAKE YOUR PERFECT CUP OF MILO

GREAT TO ENJOY HOT OR COLD

Glass with milk and spoonx3

3 HEAPED TEASPOONS OF MILO +

200ML COLD OR HOT (NOT BOILING SKIM MILK =

GLASS OF MILO NOW BROWN WITH WORDS STIR & ENJOY

KNOW YOUR PORTIONS

Country Origin Statement

Est. No. 470

Storage Instructions

STORE IN A COOL DRY PLACE.

REPLACE LID SECURELY AFTER USE.

USE A DRY SPOON.

AFTER OPENING, WE RECOMMEND THIS PRODUCT BE CONSUMED WITHIN 8 WEEKS

Contact Details

Company

Nestlé Australia Ltd,

Address

1 Homebush Bay Dr,

Suburb

Rhodes

State

NSW

Postcode

2138,

Country

Australia.

Consumer Contact Phone

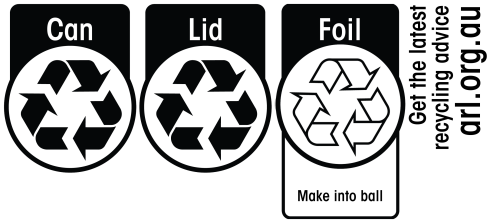
In Australia call 1800 20 30 50

Country of Origin Labelling

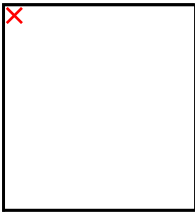


**Made in Australia from at least 55%
Australian ingredients**

Australasian Recycling Label **Usage Instruction:**
Fold In Half, Twice



Health Star Rating



Status: Active

Effectivity:

Date of Issue: 24/03/2025 @ 17:42

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OnPack

Disclaimer: This information is correct at date of issue and may be subject to change. Please check the product label before consuming product.